#### **COVID-19 GUIDE FOR**

## **HOMELESS OUTREACH WORKERS**

To stay informed about COVID-19 in San Diego County, please visit http://www.coronavirus-sd.com
For additional resources, please visit https://www.rtfhsd.org/

**Purpose:** This document is to provide guidance to those conducting outreach and providing services to those experiencing homelessness. It includes information helpful to disseminate to people experiencing homelessness.

- Stay up to date with local and state COVID-19 activity and developments (in addition to CDC):
- County of San Diego: https://www.sandiegocounty.gov/coronavirus/
- Regional Task Force on the Homeless: <a href="https://rtfhsd.org/">https://rtfhsd.org/</a>
- State of California: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx
- HUD: Disease Risks and Homelessness
- Infectious Disease Toolkit
- National Health Care for the Homeless Council: https://nhchc.org/clinical-practice/diseases-and-conditions/influenza/

#### Provide education for staff and clients:

• Train employees and clients to clean their hands often with an ethanol-based hand sanitizer that contains at least ethanol based hand sanitizer of 60% or greater OR isopropyl based hand sanitizer of 70% or greater or wash their hands with soap and water for at least 20 seconds. Soap and water are preferred if hands are visibly dirty.

#### **When Conducting Outreach:**

- Don't do outreach unless you are well
- Sanitize your hands after EVERY encounter
- Have hygiene and prevention materials available to share
- Educate unsheltered population on sanitation importance share hygiene kits with hand sanitizer
- If a person is symptomatic, assist them in calling their medical provider. If they do not have a medical provider, assist them in calling the 211 Nurse Triage Line. DO NOT REFER TO EMERGENCY DEPARTMENT OR HOSPITAL FOR TESTING
- Regional Liaisons:
  - Central/South:
    - Dijana Beck, (619) 338-2636, Dijana.Beck@sdcounty.ca.gov
  - North County/East/North Central:
    - Kim Forrester, (619) 668-3841, Kim.Forrester@sdcounty.ca.gov
- If transportation is provided, clean vehicles after each transport- wipe down all surfaces
- Remain 6 feet away at all times from everyone, including those who are homeless, and the members of the outreach team
- Avoid touching your eyes, nose or mouth

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### **Tracking and Data**

- Use HMIS outreach module
- Use PITC GIS locations of those over 60
- A list of identified encampments will be provided to outreach teams in each region

### Additional precautions for staff:

- All sick employees and volunteers must stay home
- All staff and volunteers should have their temperature checked prior to working each day. A temperature
  of over 100.4 should require the individual to stay home
- Staff and volunteers with cold or flu-like illness should not work until 24 hours after fever and other symptoms have gone
- Ensure sick leave policies allow employees to stay home if they have symptoms of infection
- Do not require a healthcare provider note for employees who are sick with cold or flu-like illness to return to work, as healthcare provider offices may not able to provide such documentation in a timely way
- Staff and volunteers developing symptoms while at the service location should immediately wear a facemask, notify management, and leave work
- Encourage the use of and distribute disposable face masks to any person with a cough or other symptoms
- Encourage all staff, volunteers and clients to get the influenza vaccine to prevent illness that is similar to COVID-19
- If someone is coughing or sneezing, have them wear a disposable face mask when they are within 6 feet of other people
  - Change the mask if it gets saturated
  - Wash hands after changing mask









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**Coronavirus Disease 2019 (COVID-19)** is thought to spread mainly from person-to-person. Especially between people who are in close contact with one another (within about 6 feet). People who are more at risk of getting very sick from this illness are older adults, and people with chronic medical conditions such as heart disease, diabetes and lung disease.

# When performing outreach, please maintain a distance of six feet from the individual if possible.

- Greet the individual and ask how they are feeling.
- Ask the individual if they have a fever or feel feverish, have a cough or feel short of breath.
- If the individual answers yes to having the above symptoms, and there is suspicion of exposure to COVID-19, immediately ask the individual to put on a mask. Please ask the induvial to practice hand hygiene by washing with soap and water. If soap and water is not available, ask them to use hand sanitizer.
- Assist the individual in contacting their medical provider. If they do not have a medical provider, assist them in contacting the 211 Nurse Triage Line.
- If the individual requires non-emergency transportation, arrange transportation in a vehicle with an interior that can be wiped clean and with windows that can be rolled down. Have the individual wear a mask during the transport, keep the windows down during transport. Wipe down the interior with an EPA approved disinfectant following the manufacturer's directions. See this resource for a link to the EPA's list of approved disinfectants and other guidance:

https://www.sandiegocounty.gov/content/dam/sdc/deh/fhd/food/pdf/publications\_covid19en.pdf.

- If the individual requires transportation for a medical emergency, call 9-1-1. Inform the dispatch operator that the person may have symptoms of COVID-19. Assist the individual in seeking immediate medical attention if they are experiencing signs of serious illness such as:
  - Difficulty breathing or shortness of breath
  - Persistent pain or pressure in the chest
  - New confusion or inability to arouse
  - Bluish lips or face









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